

"ENCOURAGING THE USE OF THE STORYTELLING TECHNIQUES IN THE CURRICULUM"  
2019-1-LV01-KA229-060353-4

Project Nr. 2019-1-LV01-KA229-060353  
Encouraging The Use Of The Storytelling Technique Throughout The Curriculum

## Christmas stories

Latvia, Upeslejas, 2020.



Valsts izglītības attīstības aģentūra



Līdzfinansē  
Eiropas Savienības  
Erasmus+ programma

# Christmas traditions in Latvia

Latvia is closely associated with the Christmas tree, and some legends say it was in Riga that the first Christmas tree was decorated in front of the House of Blackheads on Town Hall Square in 1510.

Tradition of decorating Christmas trees is alive and well in Latvia.

One is erected every year in that legendary spot on the medieval square.



# Christmas traditions in Latvia

Christmas trees in Latvia can be decorated in a variety of ways, but hanging Christmas ornaments made of natural materials like straw is one of the most traditional.





# Christmas traditions in Latvia



Our school Christmas tree with hand made decorations and advent wreath ( by 2-3 grade).



# Christmas traditions in Latvia

Masque Processions or Mumming (ķekatas or budēļi).

Everyone taking part would usually dress up, wear different masks, wigs, glasses, basically anything that makes you unrecognisable (according to old traditions, people would dress up as various animals and birds) and go from home to home, from one village to another one, singing songs and dancing.

<https://www.youtube.com/watch?v=o4BFhVh6CN0>





# Masque Processions or Mumming -Kekatas

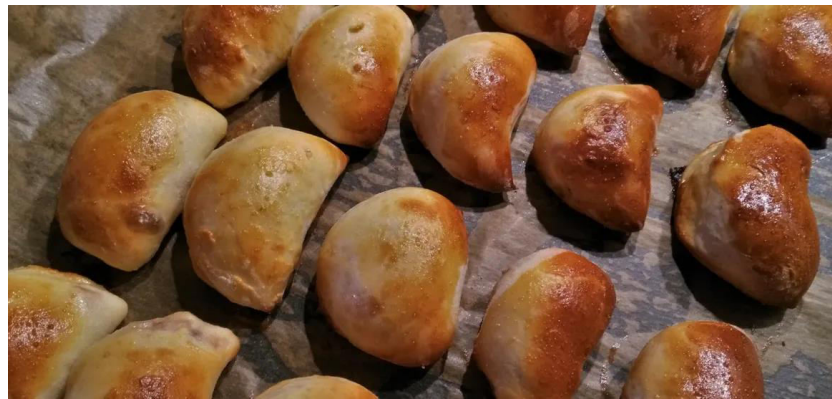


Our children made masks and sing songs ( video) ...



# Christmas traditions in Latvia

Christmas feast with special meal – cooked brown/grey peas with bacon (pork) sauce, small pies, stewed sauerkraut and sausages, bacon rolls and gingerbread – and the singing of carols.





# Christmas traditions in Latvia

Gingerbread by children hands







Erasmus+

# Riga Christmas tradition



Christmas market in the Dome Square near the Cathedral.  
This year, 2020, will not be ....



Welcom to Latvia!

We have something to show you every  
season...

We hope see you soon!



Same ideas, instructions, receipts:

LATVIAN CHRISTMAS TRADITIONS :

<https://www.youtube.com/watch?v=YnW64xF4xgQ&list=PLgdM9COgO7ADHi9keJZQfDxm8WEMt7olq&index=7>

LATVIAN CHRISTMAS DECORATION :

<https://www.youtube.com/watch?v=NTE9bBI4zaU>

HOW TO ADVENT WREATH :

[https://www.youtube.com/watch?v=Db4k5\\_D-oGU&list=PLgdM9COgO7ADHi9keJZQfDxm8WEMt7olq&index=32](https://www.youtube.com/watch?v=Db4k5_D-oGU&list=PLgdM9COgO7ADHi9keJZQfDxm8WEMt7olq&index=32)

GINGERBREAD RECEPT : <https://latvianeats.com/archives/257>

Traditional decorations: [https://www.etsy.com/listing/895012026/vintage-set-of-10-straw-angels-vintage?ga\\_order=most\\_relevant&ga\\_search\\_type=all&ga\\_view\\_type=gallery&ga\\_search\\_query=latvian+ornaments&ref=sr\\_gallery-1-19&frs=1&cns=1](https://www.etsy.com/listing/895012026/vintage-set-of-10-straw-angels-vintage?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=latvian+ornaments&ref=sr_gallery-1-19&frs=1&cns=1)

[https://www.etsy.com/listing/252469948/natural-pinecone-christmas-decoration?ga\\_order=most\\_relevant&ga\\_search\\_type=all&ga\\_view\\_type=gallery&ga\\_search\\_query=latvian+ornaments&ref=sr\\_gallery-1-23](https://www.etsy.com/listing/252469948/natural-pinecone-christmas-decoration?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=latvian+ornaments&ref=sr_gallery-1-23)

[https://www.etsy.com/listing/484189947/gingerbread-man-felt-gingerbread-man?ga\\_order=most\\_relevant&ga\\_search\\_type=all&ga\\_view\\_type=gallery&ga\\_search\\_query=latvian+ornaments&ref=sr\\_gallery-1-35&frs=1](https://www.etsy.com/listing/484189947/gingerbread-man-felt-gingerbread-man?ga_order=most_relevant&ga_search_type=all&ga_view_type=gallery&ga_search_query=latvian+ornaments&ref=sr_gallery-1-35&frs=1)

GREY PEAS RECEPT : <https://foodoo.web.app/4564-simple-way-to-prepare-perfect-gray-peas-pays-and-bacon/>